

Skin Savior

Discovering Botulinum Toxin Benefits

Due to hectic work routines and unhealthy lifestyle habits, most of us deprive our skin from the care it needs. Skin rejuvenation treatments can help your skin restore its natural glow, reverse signs of aging, and prevent any type of damage. Here, we tell you the benefits of botulinum toxin skin rejuvenation treatments^[1].

Botulinum toxin is one of the most used anti-aging products in the world today. It's used to combat fine lines and wrinkles, plump-up lips, and more. It even has uses in the treatment of migraines and other health conditions.

What is Botulinum Toxin, Anyway?

Botulinum toxin is a product made from bacteria (*Clostridium botulinum*). It is technically a diluted neurotoxin, and it does one thing - it relaxes the muscles under your skin by blocking nerve signals.

How Does Botulinum Toxin Work?

Botulinum toxin works by blocking nerve signals to the muscles. This prevents them from moving, which, in turn, prevents wrinkles from appearing. Simply put, it prevents you from making the

facial expressions that form the wrinkles that come with them^[2].

Is Botulinum Toxin Safe?

Yes, Botulinum toxin is considered safe when handled correctly. It is FDA-approved and has been used to help millions of patients around the world reduce the signs of aging and even combat the pain from chronic medical conditions.

How Long Does It Last?

Botulinum toxin is a natural substance and the results it delivers are temporary. However, the duration of its effects varies from location to location on the face. In most cases, it will last around three months. After that, you will likely need another injection (or series of injections).

Is Botulinum Toxin Right for You?

Botulinum toxin can relax the muscles in your face and alleviate lines and wrinkles, helping you achieve a more youthful appearance^[2].

However, it is not right for everyone. The most important step is to schedule a consultation with a plastic surgeon to discuss Botox, your goals, and learn more about your options.

Consult your dermatologist for further information.

References:

1. Griffiths TW, Watson RE, Langton AK. Skin ageing and topical rejuvenation strategies. *British Journal of Dermatology*. 2023 Oct;189(Supplement_1):i17-23.
2. Kim JS. Fine Wrinkle Treatment and hydration on the facial dermis using hydrotoxin mixture of microbotox and microhyaluronic acid. *Aesthetic Surgery Journal*. 2021 Jun 1;41(6):NP538-49